

## Part Six: Eight Gauges for a Great Marriage

### *Chapter 10: Keep Your Promise*

Our assumption is that when you got married, you recited some type of vow to each other. A vow is a promise. It's a covenant or binding agreement before God, each other, family, and friends that you commit to stay together until death parts you. Divorce isn't part of this agreement.

**NOTE:** If you're reading the optional companion book *The First Few Years of Marriage*, read chapter 10 before you watch this video. If you are interested in purchasing the book, [please follow this link](#).

*Everyone processes information in different ways. Below you'll find several questions to choose from for you to discuss as a couple or small group. Pick the ones that you want to talk about and get the conversation started.*

### QUESTIONS FROM THE VIDEO

- Dream about your marriage in 10, 20, 30 years... what do you want it to be like?
- What do you remember about your vows to one another? What might you add to your vows today now that you know more about what marriage requires?

### QUESTIONS FROM CHAPTER 10

- Why do you think there is such power in the promise "as long as we both shall live"?
- *Ahava* means "complete devotion" and is more focused on action than emotion. How can an *ahava* love strengthen the foundation of your relationship?
- Set a time to review and renew your marriage vows, and/or write your spouse a letter about what your promise means to you.